

## Medications to Avoid 14 Days Before Surgery

### Aspirin Medications To Avoid

For Example:

4-Way Cold Tabs  
Aspirin  
Alka-Seltzer Products  
Anacin Arthritis  
Arthritis Bufferin  
Bayer Products

Buffered Aspirin  
Darvon Compound- 65  
Dristan  
Ecotrin Products  
Excedrin Products  
Lortab ASA

Oxycodone  
Pain Reliever Tabs  
Pepto Bismol  
Percodan  
St. Joseph Aspirin  
Sinutab

### All Medications with Ibuprofen

For Example:

Aleve  
Advil Products  
Dristan Sinus  
Ibuprofen  
Ketorolac

Midol  
Motrin Products  
Naprosyn Products  
Naproxen  
Nuprin

Prednisone  
Toradol  
Triaminicin Tablets

### Other Medications To Avoid

For Example:

Arthritis Bufferin  
Celebrex  
Children's Advil  
Clinoril  
Contac  
Coumadin  
Feldine

Heparin  
Hydrocortisone  
Lovenox Injection  
Meclomen  
Nalfon (Fenoprofen)  
Nyquil/Nyquil PM  
Pentoxifylline

Plavix  
Tolectin  
Trental  
Vitamin E (no more than  
400mg per day)  
Warfarin

### Herbal Medications To Avoid

For Example:

Black Cohosh  
Echinacea  
Ephedra  
Garlic  
Ginger

Ginkgo Biloba  
Ginseng  
Glycosides  
Herbal Diuretics  
Kava

Meletonin  
St. John's Wort  
Yohimbe

\*This is only a partial list of medications to avoid. Medications may cause excessive bleeding during and after surgery. It is important that you list ALL the medications that you are taking on your Pre Op Questionnaire.

**Also, please Stop taking diet medications.**